



## Discussion Questions

1. Reflect on a time you felt well cared for or loved. What actions and efforts were put in by someone that led to you feeling this way? Can you identify specific gifts/love languages?
2. In light of specific times that you have felt well cared for, where do you feel you are strong in caring for others?
3. Where are we strong as a group in caring for others? Where might we be weak?
4. How can we work together and complement one another as we seek unity in supporting each other?
5. How can we use our specific gifts to support someone who is fostering?
6. How can we collaborate with those in the group who share our same gifts to support someone who is fostering? (Brainstorm specific and practical support ideas to put in place to serve the individual(s) fostering)

## Examples of Supportive Roles

- Become babysitter certified through their agency to provide a night of relief for the individual(s) to go on a date, rest, reconnect, grocery shop, etc. (Serving, Acts of Service, Giving)
- Send reminder texts of encouragement, prayer, and scripture. (Words of Affirmation, Exhortation)
- Commit to pray for them and with them. (Faith, Words of Affirmation, Quality Time, Exhortation)
- Create a "Care Calendar" for friends and family to sign up to bring meals, groceries, etc. (Administration, Acts of Service)
- Visit and "do life". Bring dinner and stay and eat with the family. You could even offer to watch the kids after dinner while the parents get things done around the house. (Quality Time, Acts of Service, Serving, Giving, Exhortation)